









Assumptions

Children have been subject to trauma and have a full care order due to abuse or neglect	Children have missed out on education-fallen behind
Disrupted education	Lack of consistent trusted independent adults
Vulnerable to harm or exploitation	Poor attachments
Poor mental health	Working WITH CLA to help them set their own goals to help with their wellbeing and self esteem
Mentoring from a role model helps YP build up positive attachments	Advocacy for CLA CYP helps get their voice heard and improve self- esteem and self - confidence

Group work helps YP realise they are not alone & build support networks, identity and sense of belonging

Aspirations Project Theory of Change

Drivers

-  Positive asset building approach to working with young people
-  Coordinated youth focused approach working holistically to improve wellbeing
-  Consistent mentoring from a role model who chooses to spend time with them in 1-1 sessions that are bespoke and flexible to an action plan
-  Empower youth voice and advocacy
-  Provide informal literacy and numeracy learning through mentoring
-  Future aspirational visits
-  Support group work between the YP and group activities
-  Providing a supportive environment for mentors

Outcomes

Short Term (6-12 months)

- Improved relationships
- Improved communication
- Improved self-esteem
- Improved self-confidence
- Thinking about the future

Medium Term (18 months)

- Improved trust in relationships
- Improvement engagement in sessions
- Improvement in general wellbeing
- Improved engagement in schools
- Improved attendance in school where an issue

Long Term (2 Years)

- Engage in IAG
- Engage in focused group activities
- Participate in college, university and work taster sessions

Longer Term (3years+)

- Young person is able to reach their potential in education/employment or training
- Former CLA believe they have a future and can aspire to their goals
- More gain employment or get on apprenticeships
- More move through education routes to college and university
- More former CLA make steps to improve their employability
- Demonstrating positives of investing in long term relationships with CLA

Underlying Values and Ways of Working

Staff trained in listening skills, motivational interviewing, trauma informed practice

Referral mechanism will be from any Social Worker

Assessment of needs and risk completed and reviewed regularly to work safely

Data will be reviewed regularly and staff receive monthly case supervisions